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THE Pocket Guide TO THE

DSM-5™

DIAGNOSTIC EXAM

Abraham M. Nussbaum, M.D.

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Review

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In addition, the book reviews the goals of a diagnostic interview, alliance-building, changes in DSM-5, alternative diagnostic systems, and more.

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From the Inside Flap

This guide is written for interviewers at all levels of experience, since every clinician needs to master both DSM-5 criteria and how to conduct a fruitful diagnostic interview. The book:

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The Pocket Guide to the DSM-5 Diagnostic Exam is the only interview book with DSM-5 criteria.

- The book provides an efficient structure for learning how to conduct an interview, reviews the screening
 questions, and then explains how DSM-5 impacts the interview. The sixth chapter, the core of the guide,
 walks the reader through a complete diagnostic exam that includes questions for each DSM-5 disorder
 class.
- The book is for beginners learning the format and flow of the diagnostic interview and for seasoned clinicians conducting an interview consistent with DSM-5's revisions. The Pocket Guide to the DSM-5 Diagnostic Exam is a pragmatic and concise resource for diagnosing a person in mental distress while establishing a therapeutic relationship.
- Want more? Check out my new guide to diagnosing and treating children and adolescents using DSM-5 criteria, the DSM-5 Pocket Guide for Child and Adolescent Mental Health, written with pediatrician and psychiatrist Robert J. Hilt.
- A memoir, The Finest Traditions of My Calling: One Physician's Search for the Renewal of Medicine, is also available from Yale UP.

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Features

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Most helpful customer reviews

245 of 254 people found the following review helpful.

Good diagnostic interview guide -- but Warning!!

By RonAnnArbor

This is NOT the reference guide to the DSM 5 -- it is the guide ONLY to the "how to" do a diagnostic interview. If you are looking for the pocket guide to the DSM5 itself, you want the "desk reference guide to the DSM5" -- be sure not to confuse the two.

84 of 92 people found the following review helpful.

Not impressed

By Charles Crowell

I thought this would be a great supplement for the DSM-5 and an important, quick reference for diagnosis codes, however, the numerical codes are not even included in this small book! This is a disappointment and I will definitely be returning to APPI.

41 of 44 people found the following review helpful.

Terrible format, useless questions, and miniscule font

By Paul

With all due respect to Dr. Nissbaum for his contributions to psychiatry, this manual is a joke. It must have been put together quickly and sloppily, without consultation to people who practice or teach clinical interviewing. It is also formatted in a bizarre way that does not facilitate its use as a pocket (on the go) tool. Finally, the printing, particularly of the italicized font, is very poor, and the font size is tiny and difficult to

read (especially on the go). Here is more detail about the 3 main problems:

- (1) Terrible and useless wording of questions. For example, the manual suggests asking a child with suspected PTSD the question, "Do you repeatedly reenact that experience with your toys or dolls or when playing?" What incompetent clinician would use language like that with a child?!? If Dr. Nissbaum wrote this, shame, shame! My undergraduate students can write better interviewing questions. If you have a copy of this book, read the suggested questions about autism spectrum disorders. Anyone who ever interviewed a real patient would know that the questions are absurd! Presumably, the manual is supposed to help people in their training and learning. This is no way to teach!
- (2) As noted above, the formatting is bizarre and useless as well. The symptoms and the questions suggested to elicit information about the symptoms are intermingled. Entire disorders are omitted and instead included as very long paragraphs in the exclusionary criteria for major disorders. For example, the criteria for body dysmorphic disorder are all clumped together in a horrible long paragraph, in a single run-on sentence, in a tiny font, as a footnote to OCD. What a mess!
- (3) The visual acuity of the consumers of this manual must be extraordinary. The text is too small for anyone over the age of 35, and the choice of font type is horrible.

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