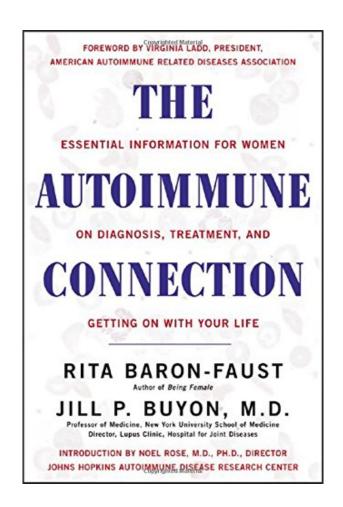
# THE AUTOIMMUNE CONNECTION: ESSENTIAL INFORMATION FOR WOMEN ON DIAGNOSIS, TREATMENT, AND GETTING ON WITH YOUR LIFE BY RITA BARON-FAUST, M



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FOREWORD BY VIRGINIA LADD, PRESIDENT, AMERICAN AUTOIMMUNE RELATED DISEASES ASSOCIATION ESSENTIAL INFORMATION FOR WOMEN AUTOIMMUNE ON DIAGNOSIS, TREATMENT, AND CONNECTION **GETTING ON WITH YOUR LIFE** RITA BARON-FAUST Author of Being Female Professor of Medicine, New York University School of Medicine Director, Lupus Clinic, Hospital for Joint Diseases

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INTRODUCTION BY NOEL ROSE, M.D., PH.D., DIRECTOR
JOHNS HOPKINS AUTOIMMUNE DISEASE RESEARCH CENTER

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### Review

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# From the Back Cover

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- "A truly remarkable book that covers the full spectrum of autoimmunity, and the myriad of ways it influences the lives of women."
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- What science and medicine have to offer for treatments, new therapies, and more

With The Autoimmune Connection, you'll be armed with the expertise of two of the field's most qualified authorities and the latest from the medical specialists at the institutions leading the way in investigating these diseases.

"The common threads that connect the autoimmune diseases are woven throughout this important book, enabling readers to obtain a greater understanding of these illnesses individually and collectively. Together with new information contained in this volume about diagnostic and treatment advances, patients (and their families) will be better able to cope with these diseases and . . . get on with their lives."

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These symptoms often point to a set of diseases known as autoimmune disorders. A wide array of conditions, these disorders create a state where the body's defense system, originally designed to kill germs and disease, attack healthy tissue. The resulting conditions cover a wide range of illnesses, including lupus, rheumatoid arthritis, Crohn's disease, Graves' disease, and multiple sclerosis, among many others.

Seventy-five percent of autoimmune disease sufferers are women. But although these diseases represent the third largest cause of chronic illness among American women and are among the top ten leading causes of death in American women sixty-five and under, the true nature of these illnesses has long been shrouded in misunderstandings and ignorance on the part of the medical community. Until now.

Now there is hope, with The Autoimmune Connection. In this invaluable text, Jill M. Buyon, M.D., and Rita Baron-Faust explain the nature of the various autoimmune disorders. With help from a host of medical experts, they provide vital information in the fight for better health. They explore the genetic predisposition many families have towards these disorders and how early knowledge can facilitate treatment. They also explain the intricacies of the immune system and how they can go awry, as well as going into important detail on the specific kinds of autoimmune disorders.

Sources, self-help, special treatment centers, and other important resources are also provided to give support and paths to more efficient treatment. With expert information and compassionate guidance, the authors give you the information to help you take more control of these sometimes-mysterious illnesses and create a life of optimal health.

About the Author

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As featured in the New York Times and recommended by the National Women's Health Resource Center and the Society for Women's Health Research, The Autoimmune Connection discusses the links between autoimmune diseases and offers up-to-date information on diagnosis, treatments, and risks for women with one or more autoimmune disease, such as lupus, rheumatoid arthritis, or Crohn's disease.

• Sales Rank: #1703295 in Books

• Brand: Brand: McGraw-Hill Companies

Published on: 2003-03-13Original language: English

• Number of items: 1

• Dimensions: 1.47" h x 6.34" w x 9.32" l,

• Binding: Hardcover

• 411 pages

## **Features**

• Used Book in Good Condition

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Most helpful customer reviews

55 of 56 people found the following review helpful.

MUCH NEEDED BOOK FOR MEDICAL & NON-MEDICAL PERSONNEL

By A Customer

This book is a must-read for all who have or suspect they or family members or friends have an autoimmune disorder. It is presented in a very organized and efficient manner and is helpful to the patient as well as the health care professional.

It is obvious that the authors have throughly researched all the materials necessary to present accurate, unbiased and essential information. The book is well organized, cross-referenced and covers autoimmune disorders from A to Z.

In addition to the book itself, the resources listed in it are priceless!

Even after being a Myasthenia Gravis patient and coping with the disorder for years, I learned more about Myasthenia by reading this book. I also gave my doctor a copy! Those of us with autoimmune disorders should make it priority read!

The interviews with patients were especially helpful and those with health care professionals were excellent. The possibility of a female having an autoimmune disorder is much higher than that of a male, so the book's main focus is on women. However, it is extremely helpful to men, also.

My family and friends now understand much more about my disease. Congratulations to the authors on a much awaited and much needed book.

38 of 39 people found the following review helpful.

Terrifically helpful

By Patricia D. Hammond

I found this book quite helpful in sorting through the maze of symptoms of various autoimmune disorders. It even helped me to self-diagnose one I did not know I had. The information is well laid out; it is comprehensive and current while not overly scientific. The cross reference of other automimmune diseases is particularly useful.

25 of 25 people found the following review helpful.

A very informative book for those who suffer from auto immune diseases

By Mr. J. V. Newman

This book is well presented and full of interesting facts. Although aimed at the layman it uses rather a lot of medical terminology and certainly hits hard. If you have the misfortune to have one or more auto immune diseases and want to be informed about the course of your illness, the medication available and the research into new medication and possible cures, I would certainly recommend this book. However it is not for the faint hearted!

Pam Newman

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