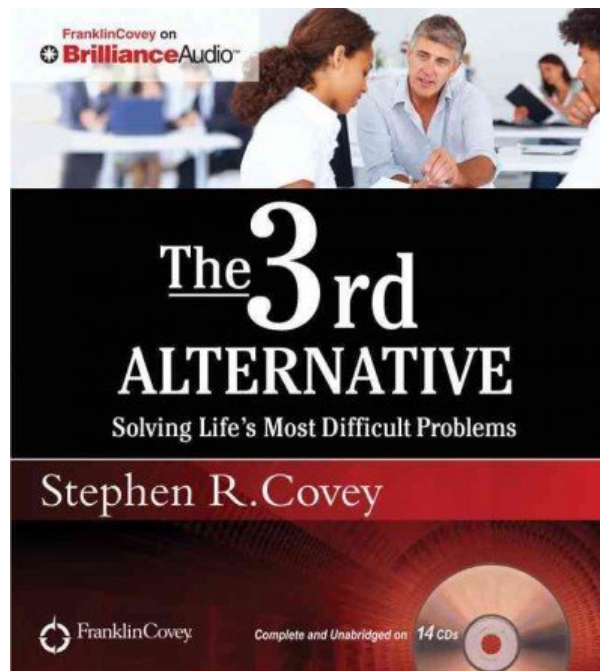
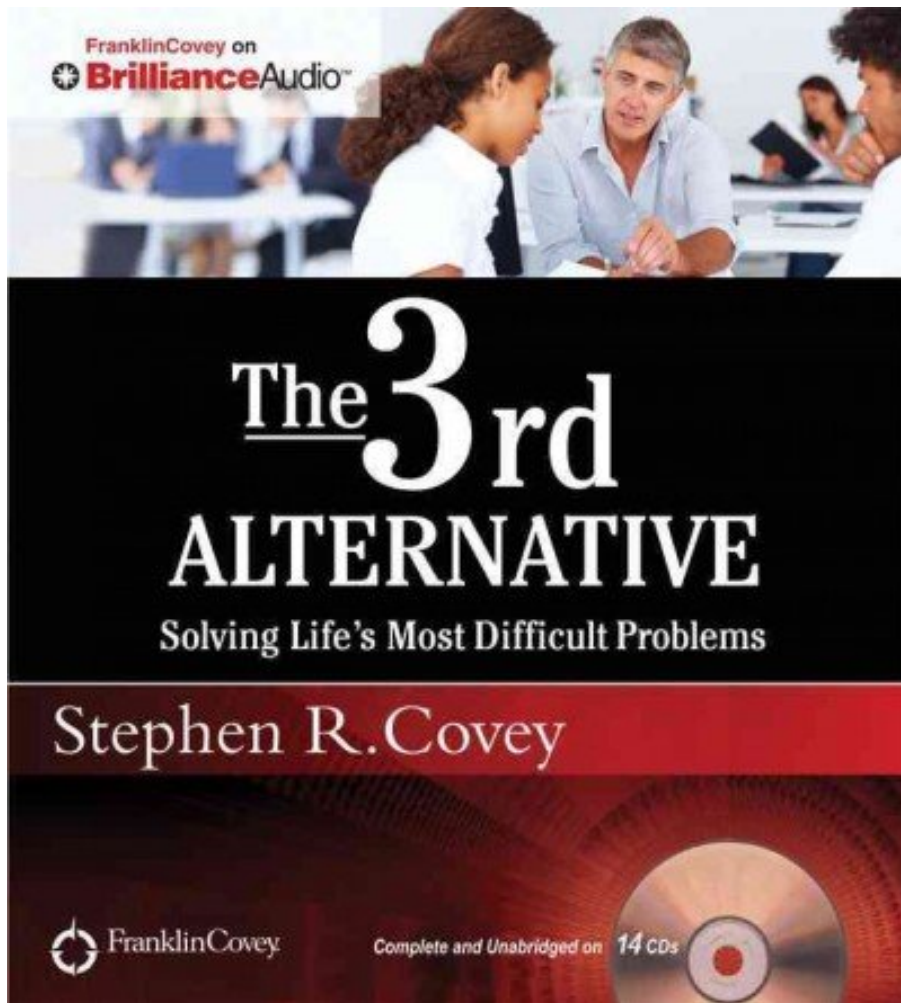


THE 3RD ALTERNATIVE: SOLVING LIFE'S MOST DIFFICULT PROBLEMS BY STEPHEN R COVEY



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- Published on: 2012-04-01
- Binding: CD-ROM

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3 of 3 people found the following review helpful.

guidance to live in crescendo

By Mikio Miyaki

Dr. Covey inspires us again. This 3rd alternative thinking will be our guiding principle in the life. We are currently living in a difficult world. Environment, health, poverty and impartiality issues weigh heavily on us incessantly. Not only to solve the conflict but also to regain our soul, we need to change our paradigm. He points out we are too much swallowed up by the serious identity theft, which deprives the sense of who we are and what we can do in our life. We have to sneak away from the thinking of the industrial age, two alternative thinking. The key to a healthy society, he says, is to align the social will, the value system, with the principles of synergy.

Every corporations, politicians, doctors, musicians, educators and governmental officers of famous and only known locally, he introduce as 3rd alternative thinkers, are unanimously impressive. Especially Pablo Casals's words knocked out me. Whoever can say I'm beginning to notice getting better at this at the age of ninety three. I gird up my loins again to live in crescendo.

Dr. Covey's erudite knowledge covers the whole globe. We can deepen our cultural anthropology understandings, like ubuntu, talking stick communication, ashimsa, dharma and izzat, etc. In Japanese, the Chinese character of person comes from a scene two people stand on earth leaning against each other. We should know we live on an interdependent planet, and need to think in holistic to solve the difficulties we are facing, rather than consider the sum of the parts, by a broad and deep understanding reality.

The 7 habits has been my guidance to date to lead a highly effective life. Now and then I stop and looked back myself to the light of these guidelines. From now on I'll add this 3rd alternative thinking to my mental attitude. I believe our capability in creating our own change and finding ways to create synergy within our circle of influence. I wish the consequences of our action expand with time. I would like to be a writer of my life, too.

0 of 0 people found the following review helpful.

A simple yet effective framework for mindfulness

By Aditya Raman Bahl

This is the very first book I have ever read from the author and it has been immensely helpful to me in putting "a" perspective on my life. The best part of the book for me was that within the first 50 pages, Dr Covey laid out the "See-Do-Get" framework in a very concise manner. That I was going through a personal turmoil and desperately looking for wisdom helped in grasping the essence (at least that's what I think) of the

book quickly.

The anatomy of "synergy" as suggested by Dr. Covey, lies in the true and meaningful understanding of self, others and then using those insights to reach out and co-create what may not have been possible before. Conflict is inevitable. It is not something that we can escape from. And as much as we can claim that differences are to be celebrated, Dr. Covey provides a very clear analysis that differences can be celebrated only when we take the time and effort to truly and deeply understand each other. He goes further to outline a prescription on how to reach out to each other and create possibilities, effectively giving the term "brainstorming" a new definition.

I found a lot of similarity in the core concepts with those presented in the book "Debunking the Leadership Myth: The Story of Conscious Leadership". In both books, what comes across as a recommendation is NOT to start with our behaviors but our drivers - our belief systems, our attitudes, our very sense of being. It is only when we see ourselves deeply, candidly and acknowledge ourselves fully that we can do the same for others. And those insights are the right foundations for subsequent behaviors which in turn, lead to meaningful outcomes/results.

After laying out the conceptual framework, Dr. Covey narrates multiple applications of the same extending both the theory for specific situations (dealings with business colleagues, dealings with children, spouse, relatives etc) and substantiating the situation specific context with anecdotes. While one can question the anecdotes, the simplicity and the appeal of the synergy framework is undoubted. If I can summarize - the book provides a fairly potent tool in one's journey of mindfulness.

0 of 0 people found the following review helpful.

Fresh insight and case studies of how to arrive at true synergy

By Glen McNeil

The approach to this book was very well conceived in my opinion. Providing examples and deeper insight of habits 4, 5, & 6 within the most important contexts of our life is very valuable to me.

As someone who regularly returns to Covey's materials, and works diligently to apply them in my life... This book has been very helpful in my journey.

Rest in peace Dr. Stephen Covey. You were one our greatest teachers. Blessings to your family, and may your legacy live on through each of us.

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