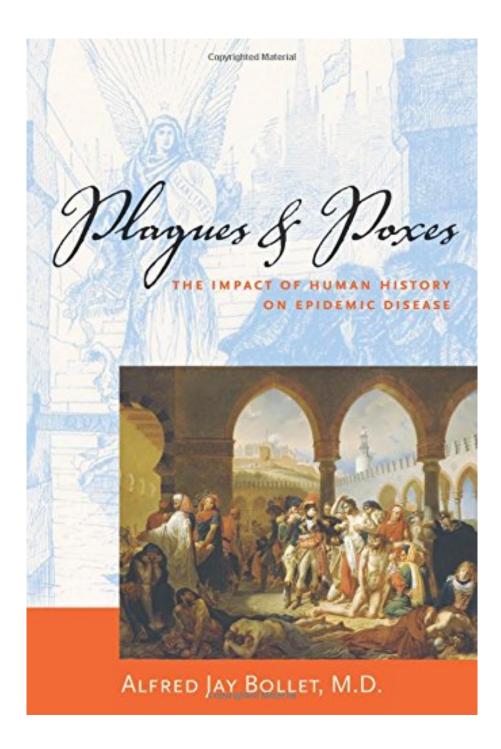


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"Since publication of the initial version of Plagues & Poxes in 1987, which had the optimistic subtitle "The Rise and Fall of Epidemic Disease," the rise of new diseases such as AIDS and the deliberate modification and weaponization of diseases such as anthrax have changed the way we perceive infectious disease.

With major modifications to deal with this new reality, the acclaimed author of Civil War Medicine: Challenges and Triumphs has updated and revised this series of essays about changing disease patterns in history and some of the key events and people involved in them. It deals with the history of major outbreaks of disease - both infectious diseases such as plague and smallpox and noninfectious diseases - and shows how they are in many cases caused inadvertently by human actions, including warfare, commercial travel, social adaptations, and dietary modifications. To these must now be added discussion of the intentional spreading of disease by acts of bioterrorism, and the history and knowledge of those diseases that are thought to be potential candidates for intentional spread by bioterrorists.

Among the many topics discussed are:

- How the spread of smallpox and measles among previously unexposed populations in the Americas, the introduction of malaria and yellow fever from Africa via the importation of slaves into the Western hemisphere, and the importation of syphilis to Europe all are related to the modern interchange of diseases such as AIDS.
- How the ever-larger populations in the cities of Europe and North America gave rise to "crowd diseases" such as polio by permitting the existence of sufficient numbers of non-immune people in sufficient numbers to keep the diseases from dying out. How the domestication of animals allowed diseases of animals to affect humans, or perhaps become genetically modified to become epidemic human diseases.
- Why the concept of deficiency diseases was not understood before the early twentieth century disease, after all, was the presence of something abnormal, how could it be due to the absence of something? In fact, the first epidemic disease in human history probably was iron deficiency anemia.
- How changes in the availability and nature of specific foods have affected the size of population groups and their health throughout history. The introduction of potatoes to Ireland and corn to Europe, and the relationship between the modern technique of rice milling and beriberi, all illustrate the fragile nutritional state that results when any single vegetable crop is the main source of food.
- Why biological warfare is not a new phenomenon. There have been attempts to intentionally cause epidemic disease almost since the dawn of recorded history, including the contamination of wells and other water sources of armies and civilian populations of course, the spread of smallpox to Native Americans during the French and Indian War is known to every schoolchild. With our increased technology, it is not surprising that we now have to deal with problems such as weaponized spores of anthrax.

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- Published on: 2004-06-01
- Original language: English
- Number of items: 1
- Dimensions: 8.75" h x .70" w x 5.75" l, .80 pounds
- Binding: Paperback
- 237 pages

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1 of 1 people found the following review helpful. tight.

By Rosy Franklin

got this for a history of medicine course i took in my senior year of college. it actually is pretty gnarly if you get into it. i usually dread reading textbooks; this is one of those exceptions. basically, if yr taking a history course & yr teacher assigns you this, consider yrself lucky.

7 of 10 people found the following review helpful.

Dry Prose with Poor Additions

By Timothy Haugh

The "M.D." stands prominently after the author's name on the cover of this book and that's probably for a good reason: this text would fit better in the pages of a medical journal then as a book for public consumption. As a reader with a science background (albeit in physics) I am always ready to read a new science book. I also have an interest in the study of disease, particularly as it relates to the historical development of the human race. Still, this book was a disappointment.

Consider the following passage from the chapter on anthrax: "Most naturally occurring anthrax strains are sensitive to penicillin, which historically has been the preferred anthrax therapy. Doxycycline is the preferred option among the tetracycline class of agents, because it has been proved efficacious in monkey studies. Other members of this class of antibiotics are suitable, and animal studies suggest that such prophylaxis should be effective. The floroquinolone antibiotics (such as ciprofloxacin [Cipro®])should have equivalent efficacy, but no data are available..." Not only is this dull prose, it is unimportant to the thread of the story that Dr. Bollett claims he is telling. And this is only one of the most prominent examples of poor prose (besides making me wonder whether or not Dr. Bollett has any financial interest in Cipro).

According to the introduction, this book is a revised edition to an earlier book on the same subject. I didn't read the first edition but I have a feeling it is much better than this book. Mainly because the last three chapters on emerging diseases are the poorest in the book and are probably new to this addition. As are what I expect are new paragraphs near the end of every chapter that relates how every single disease in history could be weaponized. It is disturbing to see a book like this play on people's fears of bioterrorism.

It's unfortunate because the historical sections of the book which are the bulk of the first parts of each chapter are well done if a bit dry. Dr. Bollett has turned the traditional view around a bit by considering how human history has impacted epidemic disease rather than the other way around. If the book had stayed on this path it would have been decent, if not great. Somehow this new edition has lost its way.

2 of 3 people found the following review helpful.

Charts the rise and changing of disease patterns

By Midwest Book Review

The impact of human history on epidemic disease is related in Dr. Bollett's Plagues And Poxes, an excellent medical-based survey which charts the rise and changing of disease patterns throughout human history. From key events which sparked changes and people involved in them to how inflections diseases have been stopped, Plagues And Poxes provides both a case history and a social analysis, written by a medical doctor who has been a member of many prestigious medical history societies.

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