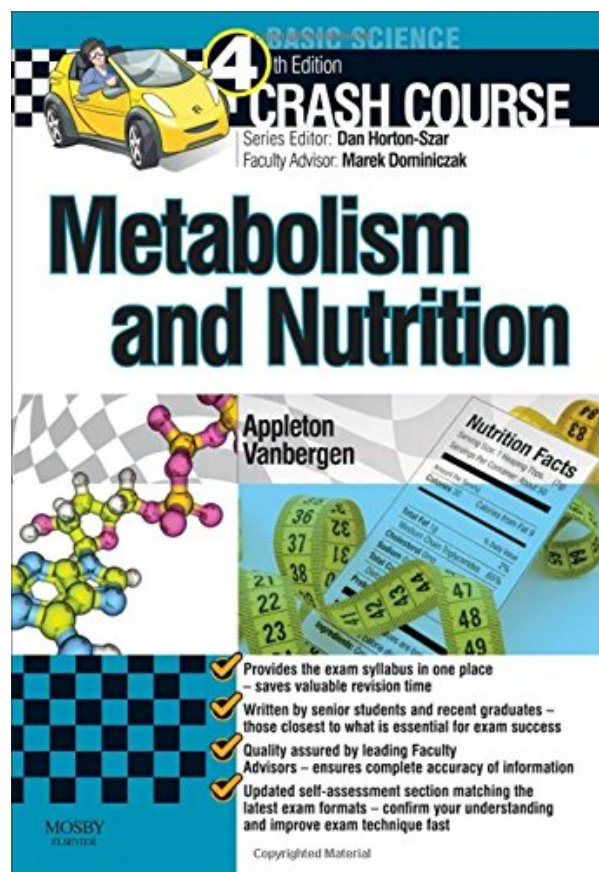
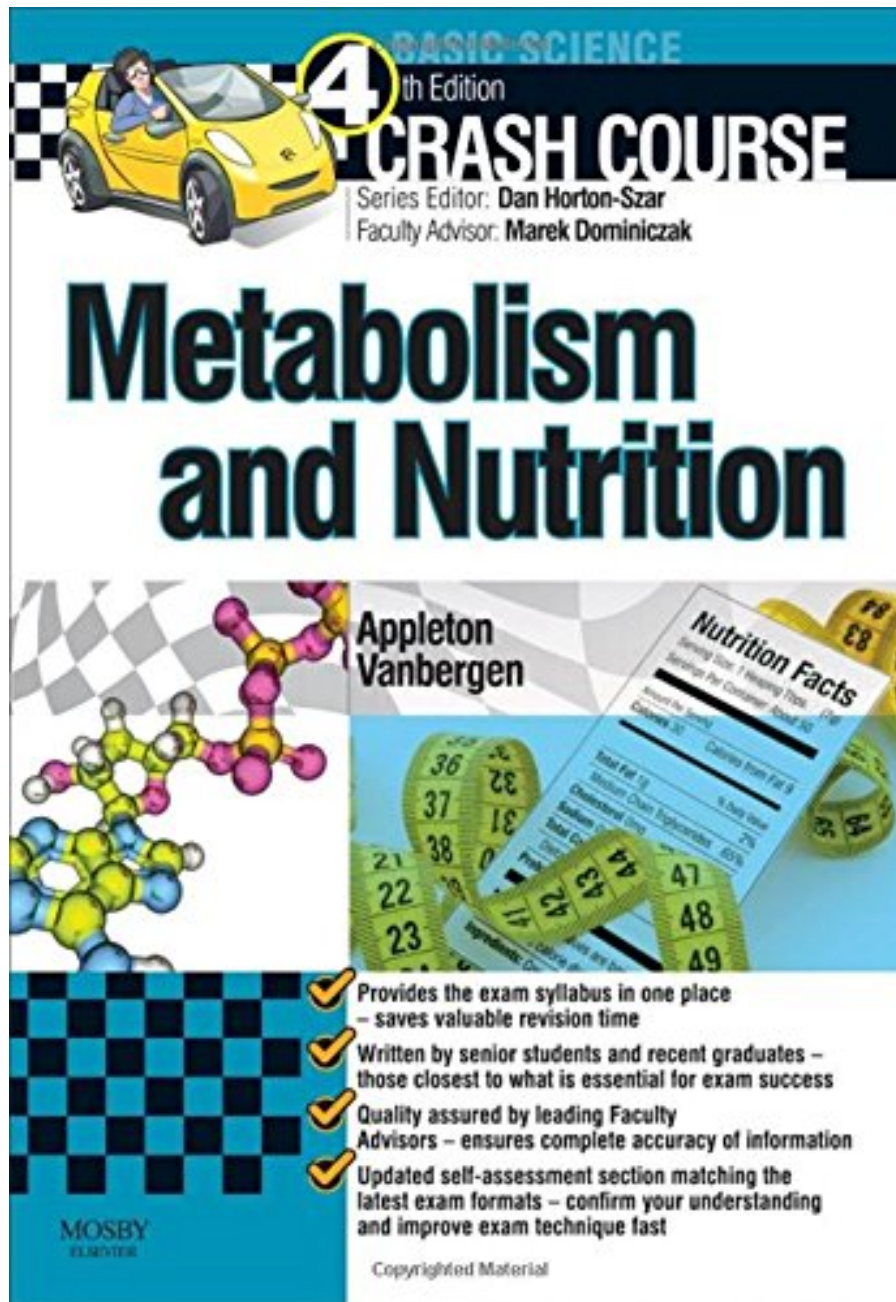


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As with previously reviewed 'Crash course' books, these texts are written for students by students, as such the understanding of the subject matter is made much easier due to the author considering your current knowledge is null and void! What I enjoy the most about these books is how everything is broken down, right back to basics, to understand for example, 'HOW' ATP is generated, and although when flicking through the book you may be tempted to put it right back on the shelf when you see some of the diagrams of certain synthesis productions and their subsequent stages, the supporting text does take you through each stage step by step. The chapters on vitamins and minerals I believe would be of benefit for student nurses due to further understanding chemical implications and the chapter on metabolic disease is excellent detailing why they occur, complications and symptoms.

Kate Philp, Nursing Student, UK

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